# **Discussion Topic Ideas**

### Introductory Meeting

- 1. Where did you grow up?
- 2. What significant experiences did you have that have shaped your life?
- 3. What is your educational background?
- 4. How did you discover your professional/educational experiences?
- 5. What are your passions?
- 6. What would you most like to be known for in life?
- 7. What else have you learned about your mentee(s)/mentor that is interesting to you?

### **Understanding Strengths & Weaknesses**

- 1. Identify strategies to identify personal strengths and weaknesses.
- 2. Discuss your top three strengths and weaknesses.
- 3. What strategies have you used to organize your personal/professional development.
- 4. What commitments are you willing to make regarding your leadership development?

### **Defining Leadership**

- 1. How is leadership defined?
- 2. What makes an exceptional leader?
- 3. In what ways does your mentor consider themselves a good leader?
- 4. In what ways do you consider yourself a good leader?
- 5. In what way could you improve your leadership skills and abilities?
- 6. What qualities or attributes describe a leader?
- 7. What are the key characteristics of a good leader?

### **Mission and Vision**

- 1. How is "mission" and "vision" different? How are they alike?
- 2. What are your current missions and visions?
- 3. How do you keep missions and visions alive and inspiring?
- 4. What are strategies to develop missions and visions?

## **Goals and Goal Setting**

- 1. What is the purpose and impact of goal setting?
- 2. How do you set goals?
- 3. What strategies do you use to develop and/or refine goals?
- 4. Discuss your own long-term and short-term goals.
- 5. How do you remain accountable when setting and committing to goals?



